

AGING DOESN'T MEAN HAVING TO SLOW DOWN



MindSense is a cognitive enrichment program that uses the power of intentional connection to decrease social isolation, re-engage curiosity and create joyful moments improving quality of life of older adults and their families.

LEARN HOW MINDSENSE LIGHTS UP LIVES!



IN-PERSON



TECH SUPPORT



VIRTUAL

"My life is completely different than it was a year ago! I love being active again!"

-Bill G., MindSense client

"MindSense has helped my mom rediscover old hobbies and find new interests as well--she is more engaged, motivated, and connected!"

-Gerry O., Family Member